

A close-up photograph of two young children, a girl on the left and a boy on the right, both smiling broadly. They are wearing colorful swimming goggles on their foreheads. The background is a bright, clear blue sky.

# Children's Summer Activities

29th July – 23rd August 2013

Free swimming  
for under 8s\*  
(\*Terms and Conditions  
apply)

Aston-cum-Aughton Leisure Centre  
**0114 2942580**

Rotherham Leisure Complex  
**01709 722555**

Maltby Leisure Centre  
**01709 797100**

Wath upon Dearne Leisure Centre  
**01709 870120**

# Join us this Summer for endless fun... Summer Holiday Club



If you are looking for ideas to keep you and the children busy over the school holidays, then look no further! We are running fun activities everyday, with something available for all ages.

**Summer holiday club runs every weekday of the holidays and is jam packed with fun activities to keep the children busy over the half term. Sessions are fun, energetic and enjoyable for all with a wide range of staff led activities, so you can leave your child with us whilst you head of to work, or just enjoy some time to yourself.**

**We look forward to seeing you this Summer!**

PLEASE REMEMBER:

- Bring a packed lunch and water to keep hydrated. Our Café can also provide fresh hot meals (Rotherham Leisure Complex only) every day to ensure your child has plenty of energy for all the activities. Dress your child in suitable clothing for sport and arts and crafts

Swimming will be included every day so bring swim wear.

PLEASE DO NOT BRING: Expensive personal property (e.g. ipads/games consoles). We cannot take responsibility for damage or loss of personal property.



## Snorkel Pool Games

Have a go at water



## Team Games

You will meet new friends and get to play fun new games.



## Arts & Crafts

get creative or possibly stay competitive with a classic board game.



## Gymnastics

Learn how to tumble, perform handstands, and floor work



Ages  
8-16



## Swimming & Games

Some under  
fun!



## Swimming

Swimming  
included  
every day!



## Sports and Activities

From the usual sporting  
favourites like football, to  
activities you may  
not have tried  
before like  
Danish long  
ball.



## Prices

- Per Day **£13.50**  
£10.00 Rothercard/  
Family Gym Members
- Per Week **£60.75**  
£45.00 Rothercard/  
Family Gym Members

## Early booking offer.

### SAVE £10 off the weekly summer camp price.

Book a full week, 5 full days for one child on our Summer holiday camp and save **£10 off** the usual price.

Book by the 26th July and pay **only £50** per week instead of £60.

£10 discount only valid on a full week, booking price of £13.50 per child.

Only one voucher per booking.

Booking must be made before 26th July to receive £10 discount.

# Mini Courses

A summer mini course is a great way for children to keep active, meet new friends and try a new sport. Courses need to be pre-booked in advance.

## Trampolining (Ages 5+)

Following the British Gymnastics Proficiency Awards scheme our courses are suitable for complete beginners, your child will learn basic shapes and techniques. Please contact the centre for details:

**Aston-cum-Aughton Leisure Centre**  
Tuesday 5th August 10.00am-11.00am

**Maltby Leisure Centre 01709 797100**  
Fridays 12 noon-1.00pm  
Cost: £4.55



## Classes take place:

Thursdays 4,15pm-5.00pm at  
**Rotherham Leisure Complex**  
(Ages 4-11 years)  
Fridays 4.15pm-5.00pm (4-7 years)  
Fridays 5.00pm-5.45pm  
(8-11 years)

**Maltby Leisure Centre**  
£3.50 / £2.45 Rothercard

To book, contact us at:  
**Rotherham Leisure Complex**  
01709 722555  
**Maltby Leisure Centre**  
01709 797100



## Diving Crash Course (Ages 8+)

Learn basic diving techniques. For children who can swim a minimum 25m front crawl and backstroke and who are deep water confident

Cost: £4.55 per session (1 hour)

Only available at Maltby Leisure Centre,  
contact us on 01709 797100 for details



## Swimming Stroke Clinic (Ages 8+)

Sessions include breaststroke, front crawl, backstroke and butterfly - Ideal for improving arm and leg action with breathing technique and timing. For specific holiday course dates, times please contact:

**Aston-cum-Aughton Leisure Centre**  
0114 2942580

**Rotherham Leisure Complex 01709 722555**

**Maltby Leisure Centre 01709 797100**

**Wath upon dearne leisure centre 01709 870120**

Cost: £4.55 per session (1 hour)

### Water Polo

This exciting and fun session will teach you the ways of this great sport.

#### Rotherham Leisure Complex

Tuesdays 1.15pm - 2.15pm

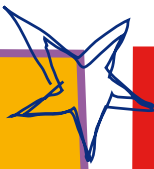
#### Aston-cum-Aughton Leisure Centre

Wednesdays 1.15pm - 2.15pm

#### Maltby Leisure Centre

Mondays 10.30am - 11.30am

Cost: £4.55 per session



### Train to be a Lifeguard

The National Pool Lifeguard Qualification (NPLQ) is widely accepted by swimming pools in the UK and Ireland as a minimum qualification for a role of a lifeguard within the swimming pool. Courses are available for 16+ years.

**Contact your local centre for details.**



### Gymnastics

An enjoyable, energetic and fun session which helps to develop balance and co-ordination. All abilities welcome.

**Rotherham Leisure Complex** Cost: £4.55

Tuesdays 1.00pm-2.00pm

#### Maltby Leisure Centre

Wednesdays 12 noon-1.00pm



### Snorkelling

Develop your snorkelling skills with this fun filled session. Participants must be aged 8yrs+ and be able to swim 50+ metres. Sessions are available at:

#### Aston-cum-Aughton Leisure Centre

Thursdays 9.15am - 10.15am

#### Rotherham Leisure Complex

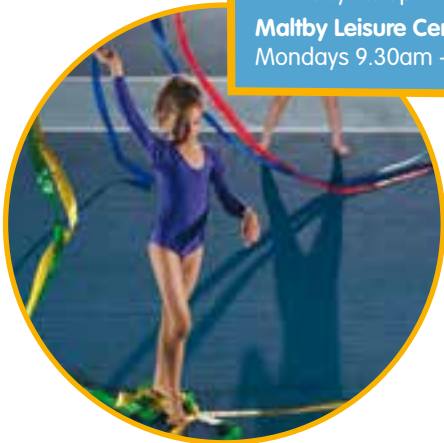
Thursdays 1.15pm - 2.15pm

#### Maltby Leisure Centre

Mondays 9.30am - 10.30am

Cost: £4.55 per session

Contact the centre for course times/dates.



### Kayaking

Introduction to Kayaking. Learning safety aspects, paddle techniques and Kayak control. Participants must be aged 8yrs+ and be able to swim 50+ metres. Limited spaces available.

#### Maltby Leisure Centre

Thursdays 10.00am-11.00am

£4.55 per session



# Activities Timetable

A range of fun activities, available **EVERY** day!

Price of activities start from only **£1.95**



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Holiday Club</b> 8am-4pm Runs every day at Aston, Maltby, Rotherham, Wath</p>				
<p><b>Family Fun Swim Sessions</b> Run every day at Aston, Maltby, Rotherham and Wath - Pick up a swim timetable for times</p>				
<p><b>Racket Sports</b> Enjoy a game of badminton/short tennis/squash* Maltby and Aston (*Rotherham only)</p>				
<p><b>Kinetika Krew</b> Changes to the junior membership sessions may change over the half term - Contact the centre for details</p>				
<p>Multisports (5+ years) 4.00pm-5.00pm Rotherham Leisure Complex</p>	<p>Football (5+ years) 4.15pm-5.00pm Maltby Leisure Centre</p>	<p>Multisports (5+ years) 4.30pm-5.30pm Aston-cum-Aughton Leisure Centre</p>	<p>Zumbatonic (5+ years) 4.45pm-5.30pm Wath upon Dearne Leisure Centre</p>	
	<p>Football 5.00pm-6.00pm Rotherham Leisure Complex</p>			
	<p>Zumbatonic 4.00pm-4.45pm Rotherham Leisure Complex</p>			
	<p>Gugafit (4-11 years) 4.15pm-5.00pm Rotherham Leisure Complex</p>	<p>Junior Circuits (8+ years) Thursdays 4.15pm-5.00pm Maltby Leisure Centre</p>	<p>Teen Circuits 11-15 years 3.15pm-3.45pm 3.45pm-4.15pm Aston cum Aughton Leisure Centre</p>	
	<p>Gugafit 4.15pm-5.00pm (4-7 years) 5.00-5.45pm (8-11 years) Maltby Leisure Centre</p>	<p>Football 4.30pm-5.30pm Aston-cum-Aughton Leisure Centre</p>		



## Arts and Crafts

### Paint a pot

Paint a ceramic cup or plate, draw your own design with stripes, swirls, dots or whatever you want. All pots will be professionally glazed and fired.

Sessions taking place at, contact centre to book:

**Aston-cum-Aughton Leisure Centre**  
**0114 2942580**

**Rotherham Leisure Complex**  
**01709 722555**

**Maltby Leisure Centre 01709 797100**

**Wath upon Dearne Leisure Centre**  
**01709 870120**

Cost: £9.00



### Jewellery Making

Make beautiful unique pieces of jewellery to take home.

For specific holiday course dates and times please contact:

**Aston-cum-Aughton Leisure Centre**  
**0114 2942580**

**Rotherham Leisure Complex 01709 722555**

**Maltby Leisure Centre 01709 797100**

**Wath upon Dearne Leisure Centre**  
**01709 870120**

Cost: £9.00



## Tots Tumble

A range of fun activities including a bouncy castle, inflatable play, and soft play shapes perfect for the little ones!

**Rotherham Leisure Complex**  
**Tuesdays-10.00am – 12 noon**  
**Saturdays-10.00am – 12 noon**

**Aston-cum-Aughton Leisure Centre**  
**Mondays-10.00am – 12 noon**  
**Thursdays-10.00am –12 noon**

**Maltby Leisure Centre**  
**Wednesdays-9.30am – 11.30am**  
**Fridays-9.30am – 11.30am**

**Price: 1 adult and up to 2 children Price £3.85**



# Get Fit For FREE



Are you aged 8-17 years old?

Do you want to have fun and get healthy?

Then come along to the **FREE MoreLife fit clubs across Rotherham Leisure Centres.**

More Life Club is a FREE 12 week weight management programme for young people who struggle with their weight to attend with their families. It's designed to give you more understanding of weight management, more energy, more confidence, more friends and more fun.

For further information or to register your interest, please contact the Healthy Living Team on **01709 722567** or visit: [www.more-life.co.uk](http://www.more-life.co.uk)



## Health & Fitness Membership for 11-15 year olds

A fun, safe way for your children to stay healthy, a kinetika krew membership includes:

- krew gym sessions
- workout classes
- unlimited swimming during public times
- sports activity vouchers

Memberships are available at Rotherham Leisure Complex, Aston-cum-Aughton Leisure Centre, Wath Upon Dearne Leisure Centre and Maltby Leisure Centre.

Contact your local centre for details.



**FREE Event**

## Mega Active Summer Games

The Mega Active Summer Games event is packed full with a wide variety of sporting activities from swimming and water polo to outdoor athletics... all of which are FREE!

### Maltby Leisure Centre

Thursday 29th August 2013

Friday 30th August

Outdoor Athletics

Contact Maltby Leisure Centre on **01709 797100.**

